



MASS GAINER

Mass Gainer is the best food supplement for optimizing the building of muscle mass. It has a very high caloric content which contributes to obtain a positive energetic balance essential for optimal muscle mass development and fast recovery of athletes.

Contents

Milk proteins (calcium caseinate, whey proteins) of high quality, carbohydrates, Medium chain triglycerides, vitamins and minerals.

Available in 3 delicious aromas

Vanilla, Cappuccino and chocolate.

Price

59,00 Frs per unit of 1000 g

111.00 Frs per unit of 2400 g

[Analyse Mass Gainer](#)

Indications

To develop muscle mass it is imperative that the daily energy intake is slightly higher than caloric expenditure, so that the energy balance is positive. **Mass Gainer** is a dietary supplement that has been specially formulated for all those who want to gain muscle mass. The protein in **Mass Gainer**

will support the daily protein intake and optimize protein synthesis in muscle cells . The carbohydrates in

Mass Gainer

will improve glycogen restoration in muscle cells and post exercise recovery. The Medium Chain Triglycerides contained in

Mass Gainer

will facilitate a positive energy balance and consequently the building of muscle mass.

Ingredients

Maltodextrin, calcium caseinate , whey protein (Whey protein) , medium chain triglycerides, , flavors , calcium carbonate , sodium chloride , magnesium oxide , potassium chloride , sweeteners: cyclamate and sodium saccharin , ascorbic acid, alpha tocopherol, niacinamide , ferrous fumarate , beta- carotene , zinc oxide , calcium pantothenate , pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, cholecalciferol , folic acid , biotin, cyanocobalamin (vitamin B12) .

Use

Dilute 4 level scoops of powder (approximately 40 g) in 300 mL of skimmed milk 2 to 3 times a day using a mixer or shaker. May also be used with water : Dilute 8 level scoops of power (approximately 80 g) in 200 ml of water 2 to 3 times a day using a mixer or shaker.

Advices

Use at breakfast and in the hour following the end of the effort for optimizing building of muscle

mass and fast recovery.