



ULTRA WHEY

Ultra Whey is an instant (can be diluted with a spoon) food supplement very concentrated (85%) in whey proteins of high quality. To take during the meal or with carbohydrates.

Contents

Concentrate and isolate of whey proteins including: betalactoglobuline , alphaglobuline , IgG , albumin, peptide, and lactoferrin, rich in BCAA and glutamine, with 12 vitamins and 7 minerals.

Available in 2 delicious aromas

Vanilla and chocolate.

Price

65,00 Frs per unit of 820 g

Analyse quantitative

Indications

Extra protein intake is justified when caloric intake is reduced, during adaptation to new efforts and in the daily practice of sustained physical activity if protein intake and / or calorie intake are insufficient.

Ingredients

Concentrate and isolat of whey proteins, aroma, calcium carbonate, sodium chloride, magnesium oxide, potassium chloride, sweeteners : aspartame, ascorbic acid, alpha-tocopherol, niacinamide, ferrous fumarate, beta- carotene, zinc oxide, calcium pantothenate, pyridoxine hydrochloride, riboflavin,

thiamine hydrochloride, cholecalciferol , folic acid, biotin, cyanocobalamin (vitamin B12) . Contains a source of phenylalanine

Use

Dilute 3 level scoops of powder (approximately 30 g) in 300 mL of skimmed milk 2 to 3 times a day using a mixer or shaker. May also be diluted in 125 ml-150 ml of water.

Advices

To use during a meal and / or with carbohydrates in the hour following the end of an effort to promote protein synthesis in muscle cells and recovery of the athletes.